

25 ICEBREAKERS FOR ADULT SMALL GROUPS

If you've been leading a small group for any length of time, you know that getting conversations started can sometimes seem like an uphill battle. So how do you get your group talking in a real and authentic way? It's easier than you might think. Just start with a story. Below you'll find a list of story starters that can launch your group into meaningful conversations. They're designed to go beyond the typical icebreaker and lead to those "the same thing happened to me" kind of connections that foster openness within your group.

1. What accomplishment, before the sixth grade, are you most proud of?
2. If you could go to any concert in the history of the world, what would it be?
3. Who are the three most influential people in your life?
4. What were your family's ____ traditions? (*Fill in the blank: Christmas, Easter, Halloween, Thanksgiving, Independence Day, etc.*)
5. What was your favorite family vacation? Why?
6. What is something new that you've learned THIS week?
7. What was the scariest movie you saw as a kid? What scared you most about it?
8. What was the best piece of advice a parent or grandparent ever gave you?
9. What is your favorite way to spend a day off?
10. What is the best purchase you've made under \$20?
11. Who was your favorite teacher in middle school or high school and why?
12. What was your first job? What did you learn from that experience?
13. Who was the worst boss you've ever had and why? Who was the best and why?
14. If you could switch lives with any living person for 24 hours, who would you choose and why?
15. What is something you wish you could do but lack the skill or talent for?
16. If you could write a book, what kind of book would you write and why?
17. What everyday task around the house do you love to do? What task do you loathe?
18. If you are a parent, what most surprised you about the first year of parenting?
19. If you're married, what most surprised you about the first year of marriage?
20. If you're single, what do you appreciate most about being single?
21. If money were no object, what job would you most like to do?
22. When you were a kid, what did you think the world would be like in 2020?
23. Who was your best friend as an elementary-aged kid? Do you still keep in touch with that friend?
24. What is something you've learned in the last five years that you had no idea you didn't know? Something that now seems obvious or that everyone else seemed to already realize?
25. If your great-grandfather or great-grandmother were alive today, what do you think would most surprise him or her about the world currently?